INTERNSHIP: STUDENT DAILY REPORT

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| Name of the Student | Sachin Nishad |
| Internship Project Topic | RIO-125: Secured Docker Based Lab: Enforcing end-to-end security Batch 01 |
| Name of the Organisation | TCS iON |
| Name of the Industry Mentor | N/A |
| Name of the Institution | Amity University Online |

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| Date | Day # | Hours Spent |
| 12 July 2025 | 4 | 2 Hours |
| Activities done during the day:  Today I focused on understanding Docker basics. I studied how containers, images, volumes, and networks work. I pulled my first container images from Docker Hub (nginx, mysql) and practiced creating, starting, and stopping containers. This helped me understand container isolation and how it differs from virtual machines. | | |